INVESTMENT INSTRUCTION FORM





Complete this form to change the fund(s) in which your existing contributions, your future contributions or both are invested. Please note you can invest your existing contributions differently from your future contributions if you wish.

Name:		Date of birth:		
To help the Pensions Department keep their records up to date and contact you if needed, please supply an email address and/or telephone number that you wish to share for this purpose.				
Email: Phone number:				

This form is divided into 2 sections.

Please complete **Section 1** if you would like to rebalance your whole account or if you just wish to change where your future contributions are invested.

Please complete Section 2 if you would like to switch from one or more funds (rather than your entire account).

You should only complete one of the sections and you should also ensure that you sign the form on Page 3 before returning the form to Group Pensions

SECTION 1

Tier 1: Target Date Funds	Existing Conts	Future Conts	Existing & Future Conts
Please specify the percentage of your contributions that you would like to invest in the Target Date Funds:	%	%	%
If you don't want to retire at age 65, please let us know an alternative age here (please note the minimum pension age is 55, increasing to 57 from 6 April 2028):	yrs	yrs	yrs

Tier 2: Diversified Growth/Multi-Asset Investment Funds

Please fill in this section if you want some or all of your contributions invested in these funds:

AB Dynamic Diversified Beta	%	%	%
Schroder Life Intermediated Diversified Growth Fund	%	%	%
Storebrand Global ESG Plus Lux Fund	%	%	%
TOTAL ALLOCATION IN TIER 2	%	%	%

Tier 3: Single Asset Funds

Please fill in this section if you want some or all of your contributions inves			Existing
Equities	Existing Conts	Future Conts	& Future Conts
Artemis SmartGARP Global Equity Fund	%	%	%
Blackrock Aquila Life 50:50 Currency Hedged Global Equity Fund	%	%	%
Liontrust European Dynamic Fund	%	%	%
LGIM Asia Pacific (ex-Japan) Developed Equity Index Fund	%	%	%
LGIM Europe (ex-UK) Equity Index Fund	%	%	%
LGIM Japan Equity Index Fund	%	%	%
LGIM North American Equity Index Fund	%	%	%
LGIM UK Equity Index Fund	%	%	%
MFS Meridian Global Equity Institutional Fund	%	%	%

Bonds

abrdn Sterling Corporate Bond Fund	%	%	%
AB Global Plus Fixed Income Fund	%	%	%
Blackrock Aquila Connect Over 15 Years Corporate Bond Fund	%	%	%
Blackrock Aquila Connect Over 15 Years UK Gilt Index Fund	%	%	%
Blackrock Aquila Connect Over 5 Years UK Index-Linked Gilt Fund	%	%	%

Alternatives

AB Emerging Market Multi-Asset Fund	%	%	%
Blackrock Institutional Sterling Liquidity Fund	%	%	%
LGIM Global Real Estate Equity Index Fund	%	%	%
Ninety One Emerging Markets Local Currency Debit Fund	%	%	%
Schroders Global Equity Fund	%	%	%
TOTAL ALLOCATION IN TIER 3	%	%	%

Tier 4: Funds 'on request'

Visit www.abfpensions.com/dc to see the full list of funds available.

Please fill in this section to request funds that you would like your contributions to be invested in:

Fund Name	%	%	%
Fund Name	%	%	%
Fund Name	%	%	%
Fund Name	%	%	%
Fund Name	%	%	%
Fund Name	%	%	%
Fund Name	%	%	%
Fund Name	%	%	%
TOTAL ALLOCATION IN TIER 4	%	%	%

SECTION 2

To be completed if you wish to switch a specific fund or funds to a new investment

FUND YOU WANT TO SWITCH FROM	PERCENTAGE OF FUND TO BE SWITCHED	NEW FUND	PERCENTAGE TO NEW FUND	
			%	
	%		%	
			%	
			%	
	%		%	
				%
			%	
	%	%		%
			%	
Please ensure that you use the full fund name on the form, you can find these on our website at www.abfpensions.com/dc/investments . If the fund name is unclear this will delay processing your instructions.				

Once completed and signed, please send your form to the Group Pensions Department at the following address: Freepost, RTJU-KXYG-BSBY, Group Pensions Department, Associated British Foods plc., 50-51 Russell Square, London, WC1B 4JU

Signature:	Date:	

The funds shown on this form are made available via the Mobius Life investment platform.